

Terms and conditions

Awakening Guidance, Intuitive Life Coaching

All bookings and packages are non refundable except in extenuating circumstances which will be reviewed at Nicola's own discernment.

Sessions can be cancelled via the website booking up to 48 hours before the session takes place. Any cancellations within 48 hours are fully chargeable or if you have a package then 1 session will be taken from you package.

You are fully responsible for booking own your sessions in via the website booking system.

Working with Nicola is an experiential partnership and you get out of it what you put into it. By committing to a programme you are committing to your own personal development and healing. You should only do so if you are fully committed to yourself and the process.

There may be times when there is mental resistance or challenging emotions may arise. This is all perfectly natural and a part of the process. Nicola will never force you to do or discuss anything that you aren't ready or comfortable to. She will always ask for permission to explore with you and you are always free and very welcome to say no.

Nicola is not in anyway responsible or accountable for how you live your life. The decisions you make and the actions you take are fully yours and yours only. You are always 100% responsible for you.

Nicola is also not liable for any emotional, physical or mental challenges or difficulties you have experienced in the past nor in the present or future.

Nicola is not a medical professional and her practices are holistic and alternative. They are not in any way a substitute for profession medical care. If you have reason to believe that you need professional medical advise or assistance then you are strongly advise to do so immediately.

While you are in a working partnership Nicola May keep notes and documentation on your sessions. Once the work has ended notes will be held for 6 months and then fully destroyed.

Confidentiality is assured unless the client shares information that is potentially harmful to them or to other people/persons.

Nicola holds an Advanced Certificate in Coaching Practice which is fully accredited by the Association for Coaching. Certificate available on request

Energy Healing

Energy healing is an ancient, holistic and alternate therapy. I understand that intuitive energy healing is a hands on or off energy technique.

Nicola's services do not diagnose conditions nor do they perform medical treatment or interfere with the treatment of a licensed medical professional. Energy Healing does not take the place of professional medical care or treatment and you are strongly advised to see a healthcare professional for any condition you may have or are concerned you may have.

You are fully responsible for your overall health, well-being and status of your life and understand that results are not guaranteed. Nicola is not liable for any emotional, physical or mental challenge or difficulties you experience or have experienced.

Nicola is a certified Reiki I and II practitioner and certificates are available on request.